



# Newsletter

Addenbrooke's Liver Transplant Association

January 2006

Website: [www.alta.org.uk](http://www.alta.org.uk)

Happy New Year

## Excellent turn out at our Celebration Day.



Eddie Large entertained nearly 200 attendees at the Frank Lee Centre. He is pictured above with the other transplant recipients. Lady Calne, who attended with Professor Calne, commented that the press ought to make more of such a good news story.

## Helping Hands

Don't forget that you can always contact one of our front line team by telephone if you need any help or advice. They can also be approached in Clinic 5 or on F5 and C9 on Thursdays.

Joyce: 01763 222095 Marion: 01223 573429

John: 01371 810995 Olive: 01245 460242

## Roy Pitman (1926-2006)

It is with great sadness that we have to report that Roy Pitman died on 7th January 2006, aged 80. Roy was a founder member of ALTA and a former Chairman. His diligent efforts over the past fourteen years have been an example and inspiration to us all. He continued to represent ALTA at out-patient clinics and on the wards during 2005, despite problems with his own health. We send our deepest sympathies to his wife Anne and to his family.



## London Marathon 2006 run for ALTA



Olive Tierney's nephew, Mark Hood, is running in this year's London Marathon to raise funds for ALTA. Please contact Olive on 01245 460242 if you would like to help us out with sponsorship. Mark ran the Great North Run for us two years ago. We are grateful for his efforts and those of all who help us with fund-raising.

## ALTA Volleyball Success

Our volleyball team played in a tournament in Belfast in November 2005. The team has been very successful. Their next outing will be at the British Transplant Games in Bath in August. Why not join them this year? They have a new website at [www.atgt.org.uk](http://www.atgt.org.uk).

## Funds raised for ALTA at Great North Run, 2005

Dr Graeme Alexander receiving a cheque for £853 from Sandra Minten and Mr and Mrs A Fairweather, her sister and brother in law, who ran the Great North Run in aid of ALTA



## Sources of help and support.

Some readers have asked how to find out more about coping with their liver conditions. In this issue we cover PBC.

### The Primary Biliary Cirrhosis Foundation



The PBC Foundation is a charity offering support and information to PBC sufferers, their friends and families. Support is provided by regional telephone help-lines, manned by PBC Co-ordinators across the UK and Ireland. They can also put people in touch with other sufferers within their own vicinity.

Medical information is provided by PBC specialists within the UK consisting of new treatments and latest research findings. Their excellent regular magazine for members gives medical information, news and views from other members.

The PBC Foundation funds research projects raised entirely through the generosity of our members, their families and friends including one in conjunction with the British Liver Trust, one funded entirely by the Community Fund (formerly the National Lottery Charities Board) and one funded by money bequeathed by Edgar Ernest of Dorset. We currently have research in progress due to a grant of £72,000, which has been.

*There are no membership fees, but they welcome donations that can keep them operating.*

#### For more information, contact:

**The PBC Foundation**  
54 Queen Street  
Edinburgh  
Scotland  
EH2 3NS

Telephone: **0131 225 8586**

You can also email the PBC Foundation at  
[info@pbcfoundation.com](mailto:info@pbcfoundation.com)

### ALTA Quiz night

We propose to hold another quiz night on 14 May 2006 at the Frank Lee Centre. The last one was great fun, so come and join us. We will send order forms for tickets in April.

## Dates for your diary, 2006

- 9 Feb 2006 Norfolk & Norwich Liver Group  
"Come and Meet Each Other", 6.00-8.00pm  
Norfolk & Norwich University Hospital, Room 12 Education Centre  
Marjorie Dingle, 01362 695624
- 28 Feb 2006 Transplants in Mind (TIME) AGM, UK Transplant, Bristol  
Contact: Sue Johnstone Tel: 0117 931 4638
- 22 Apr 2006 Transplant Games Badminton Competition  
Cocks Moors Woods Leisure Centre, Kings Heath, Birmingham
- 23 Apr 2006 Flora London Marathon  
Contact: Olive Tierney, 01245 460242 if you can help with sponsorship.
- 14 May 2006 ALTA Quiz Night, Frank Lee Centre, Addenbrookes  
Contact: Marion Edwards, 01223 573429
- 9-15 Jul 2006 National Transplant Week
- 17-20 Aug 2006 British Transplant Games 2006, University of Bath  
Rebecca Symonds 01733 345774, [beeky\\_symonds@hotmail.com](mailto:beeky_symonds@hotmail.com)

### Looking to buy property in France?



Transplant recipient, Mike Hewitt, offers help in finding suitable properties in S.W. France.

His service includes cheap B&B accommodation on this static dutch barge while you are house hunting. The barge is moored at le Somail on the Canal du Midi. For more details ring 01775 714303 or visit his website, [PenicheMaison.com](http://PenicheMaison.com)

### DVD players for patients in HDU

Alta has purchased four personal DVD players for the use of patients in HDU. We are hoping to build a library of films, so if you have any DVDs that you are finished with, please hand them to one of the committee or drop them off in C9.

Tel: 01245 460242,

E-mail: [olive.tierney@blueyonder.co.uk](mailto:olive.tierney@blueyonder.co.uk)