



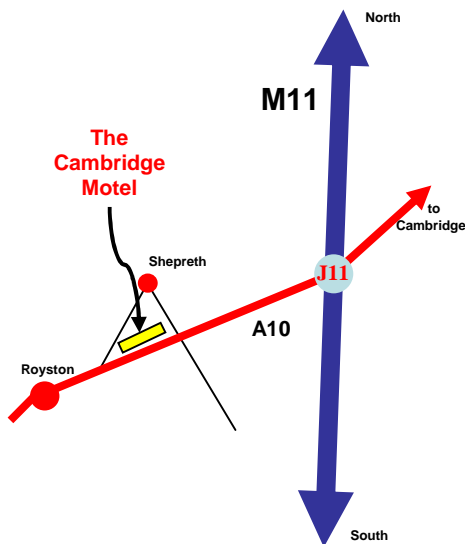
AGM and Celebration Day, 7 October 2007



Tickets for this year's Celebration Day at the Cambridge Motel, Shepreth can be booked using the order form enclosed with this newsletter. The price is £7.50 per person to include coffee, hot buffet lunch and a dessert – and, of course, good company at no extra charge. We look forward to seeing you all. Coffee will be served from 11.00a.m. and the meeting will start at 11.30a.m. Lunch will be served at 12.30p.m. prompt.

Minibus

For members without transport, there will be a minibus to the venue leaving Cambridge Railway Station at 10.00 a.m., calling at Addenbrooke's Main Entrance, and leaving at 10:30 a.m. for the motel. **Places are limited**, and they will be allocated on a first come, first served basis. If you want to use this service please ring Derek Davies on **01954 202330** to book your place. The Minibus will return to Cambridge Station via Addenbrooke's, leaving the Motel at 2.30p.m.



How to get there by road

The Cambridge Motel is located on the A10 between Royston and Junction 11 on the M11 near Cambridge.

There is ample free parking



The 25th British Transplant Games took place in Edinburgh, Thursday 26th July to Sunday 29th July 2007. The 545 athletes were made to feel very welcome and there were many guests from the worlds of entertainment and politics.

The Games were very well publicised and hopefully Edinburgh has made a difference to the thousands of people still desperately waiting for organ transplants in Scotland and the UK. More than 15,000 Organ Donor leaflets were handed out at many events before the Games. There has already been increased transplant activity seen in Scotland and the UK in August.

Addenbrooke's fielded two teams and they did very well, with the A-team taking second place overall. Congratulations to all involved. The total medal count was as follows:

Addenbrooke's Adult Medals

Gold	15
Silver	16
Bronze	7

National Transplant Week, 2007

The efforts of Addenbrooke's staff and volunteers from AKPA and ALTA during Transplant Week did not get a lot of publicity this year, but thanks to all who gave up their time to help increase the number of Donor Card carriers.



Approximately 160 people signed up and many more took forms away with them. The collection boxes raised £100 which will be divided between AKPA and ALTA.

Sources of help and support.



The **British Liver Trust** has a new free Medical Helpline number. Patients and those wanting to know more about liver disease can now call **0800 652 7330** to speak to their Medical Information Officer, Kate Birch. Kate is a trained nurse.

In addition, they produce a range of fact sheets and brochures covering all aspects of liver disease. Their current list is shown below.

A guide to liver biopsy (Factsheet)	Hepatitis C
A guide to liver function tests (Factsheet)	Hepatitis D (Factsheet)
A guide to liver ultrasound (Factsheet)	Hepatitis E (Factsheet)
Alcohol and liver disease	How to get the best from your doctor
Autoimmune hepatitis	Liver cancer
Budd Chiari Syndrome (Factsheet)	Liver disease tests explained (under development)
Cirrhosis	Non-Alcoholic steatohepatitis (NASH) (Factsheet)
Cystic disease	Obstetric cholestasis
Diet and liver disease	Primary biliary cirrhosis
Fatty liver (Factsheet)	Primary sclerosing Cholangitis
Gallstones (Factsheet)	Portal hypertension (Factsheet)
Gilbert's syndrome (Factsheet)	Wilson's disease
Haemochromatosis	
Hepatitis A	
Hepatitis B	

You can request them by post, telephone or on the web.

British Liver Trust
2 Southampton Road
Ringwood
BH24 1HY
Tel: 0870 770 8028



www.britishlivertrust.org.uk
Email: info@britishlivertrust.org.uk

Dates for your diary, 2007

7 Oct 2007	ALTA AGM & Celebration Day Cambridge Motel, Shepreth, 11.00a.m.
18 Oct 2007	ALTA Tombola & Christmas Card Sale Addenbrooke's Outpatients
22 Nov 2007	ALTA Tombola & Christmas Card Sale Addenbrooke's Outpatients

Charity Snow Fair

Complete your Christmas shopping at Chilford Hall, Linton and raise funds for Addenbrooke's. Up to 100 exhibitors under one roof selling a fabulous range of stylish products on Monday 12th and Tuesday 13th November. Free parking and light refreshments are available. The fair's target this year is to raise more than £100,000 for a much-needed children's gastroscop.



Donation to help repair equipment on C9



Roy Allen pictured presenting a cheque to ALTA for £2,600 raised with his wife Lynda, family and friends at a dance last November. The money has been earmarked for the repair of 24-hour Blood Pressure monitors for C9.

Bye for now, and remember, Keep smiling

Olive Tierney

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